



NO BOOZE NEWS

A Nice Girl Like Me

A beginner wonders how she ever ended up as an alcoholic

What's a nice girl like me doing in a place like this? That's what I kept asking myself as I sat in detox in Carmel, New York, wearing a plastic wristband, full of fear, surrounded by people who had suffered much worse consequences than me. How did I end up here? How am I going to live without drinking?

One year before, my father had hanged himself in the stairwell of the home I shared with him and my mother. I felt responsible--I had suspected he might do this during the past two years of severe depression, but he seemed to be getting better, and I didn't think he'd dare to. The image of his body was burned into my brain as I imagined the details of his death. I was in shock, but I knew now more than ever that I wanted to live life to the fullest. The problem was, I had no idea how to do that. All I wanted to do was drink, and taking action on any dreams or goals was way too hard. Through a series of events, I found a therapist who brought up AA. How dare she suggest I was an alcoholic! If you were me, you would drink too. Alcohol was the only thing that gave me any comfort. Besides, there was no way I had a drinking problem--I had a job, a car, good friends, a family that loved me. Everything looked good on the outside, just like it was supposed to.

After growing up a "good girl" to avoid the temper of my dad, I finally felt free to do and be whatever I wanted. I no longer felt less than everyone else; I felt prettier, smarter and funnier. I relaxed for what felt like the first time ever. I did well in school and had a lot of fun, always rationalizing the blackouts and regretful behavior, because I hung out with people who drank like me. At my job there were keg parties at the office and happy hours all week. I would regularly drive home drunk at the end of the night. But I never had any consequences; miraculously, I never got pulled over or hit anything. After a while, I started drinking at home because it was safer and cheaper. Meanwhile, Dad had been struck with his depression, and, after determining nothing I did would help him, I would hide in my room and drink myself to sleep. When he committed suicide, life as I knew it was over. Alcohol was my only relief as I moved my numb body to and from work and the liquor store.

For some reason during this year, I kept showing up at therapy. My therapist eventually convinced me to check out AA. She introduced me to a woman who showed me around for a couple of weeks. People were really nice, and surprisingly clean. But I compared my story with theirs, decided I wasn't alcoholic, and stopped going to meetings. After a white-knuckle dry spell (to prove I wasn't alcoholic), I drank again, baffled and angry that I couldn't control it. Moving back into my parents' house was difficult. But I now had a degree, a good job, a car and a boyfriend--I had arrived.

The therapist eventually suggested I go to rehab, since I hated my job, my life, and myself, and had nothing to lose. I told her we'd talk about it later. After one last attempt at controlled drinking, I became convinced that I needed help. She had prepared a plan to get me into rehab in hopes that I would one day have my moment of clarity. She took care of the details; all I did was show up. I believe now that she saved my life.

Every day I cried, grieving my best friend alcohol and terrified of living without it. After a few days in detox, I sat in group hearing stories from the other patients about being shot at, going to jail, losing their jobs, families, homes, everything. I hadn't done any of that. (Now I know those are "yets.") But I started hearing these people talk about the feelings and thoughts that I had been experiencing: wanting to stop drinking but not being able to once I started, a constant sense of impending doom, a deep loneliness that could never be satisfied, a desperation to change but never succeeding. For the first time in my life I felt understood, like I belonged.

-continued on page 2.

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Mesa, AZ 85204
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Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org*

TABLE OF CONTENTS

A Nice Girl Like Me	1
-continued-	2
Crossword puzzle	2
Attitude of Gratitude	3
Announcements	4
Anniversaries	5
At Wit's End	5
Got Service?	6
Managers Report	7
Group Contributions	8
Treasurer's Report	9
EVI Minutes	10 & 11
Alcoholism, Simplest Terms	12



I saw God in the Steps and decided I was screwed. I hated God and he wasn't too fond of me. After all, look where I was! It was suggested I make a "help wanted" ad for my Higher Power, listing all of the characteristics I was seeking in a God. I had grown up with a punishing God, and this was the beginning of my willingness to believe that God cares about me. One of the counselors was very serene and loving. She had talked about how there were only two emotions, fear and love. Everything else comes from one of these. If I'm angry, I'm in fear; if I'm generous or kind, I'm coming from love. It made so much sense. At her suggestion, I started the habit of reading a daily meditation book every morning when I woke up. Without my knowing it, my conscious contact had begun.

Somewhere in the blur of these weeks was "Family Day," when my mother came and I believe we got honest with each other for the first time ever. I had no idea before then how much I had hurt her. It was suggested I go to a meeting the day I got home, raise my hand to say I was new, get a sponsor, and get a home group. I did all of it. I remember that day so clearly. I was so grateful to drive my car, to watch the sunset, and to be free--not told where to go or what to do. Avoiding going back to rehab was one of the reasons I didn't drink in the beginning. Another one was that I had told too many people that I had stopped drinking. I didn't want to look bad by drinking again! I went back to work, and they let me go. Before I'd gone to rehab, I hadn't been doing much other than showing up. Working there was also a huge trigger, so I had been ready to quit. I was thrilled. Now all I had to do was go to meetings every day. And outpatient treatment definitely benefited my early sobriety. It gave me structure, somewhere to be, counselors who started teaching me words to describe my feelings besides "fine" and "good" or "bad."

For me, it was a gift to go to rehab, to be removed from everyday life and focus on being sober, beginning to learn about the disease of alcoholism. I am so grateful for the foundation of my recovery; I feel as though I was carried through early sobriety. In AA, I got hooked up with some amazing women who loved the Big Book. Staying sober requires me to take so many actions I don't feel like taking, but when I do the right thing I get the desired result. Just for today, I don't want to find out what a lower bottom looks like for me. One of my favorite forms of service is to bring a meeting to an institution and get a dose of gratitude. I get to leave there to go home in my car, to my bed, and wake up the next morning without regret and always with some hope.

A.M. Scottsdale, Ariz.

We Pray

June Newsletter

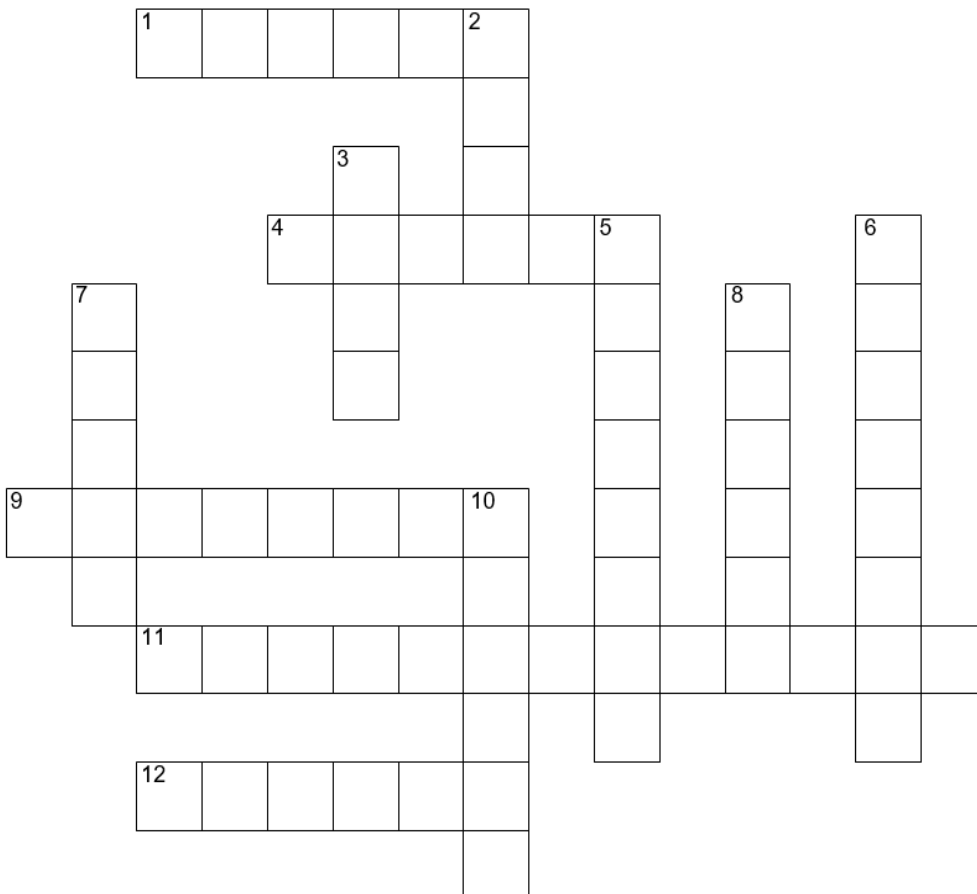
Across

3. ninth
5. serenity
8. resentment
9. third
10. fifth
11. ourfather

Down

1. avisionforyou
2. eleventh
4. thepromises
6. setaside
7. tenth

Things We Hear Around the Rooms



ACROSS

- 1 Keep.....back.
- 4 HALT: Hungry, Angry,, Tired
- 9 The.....is in the steps.
- 11 Principles over.....
- 12until you make it.

DOWN

- 2 Take what you need and.....the rest away.
- 3 It works if you.....it!
- 5 Don't take.....too seriously.
- 6 Pause when.....
- 7 We don't.....our wounded.
- 8 Meeting makers.....
- 10 90 meetings in.....days.

EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



Page 3

Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

Committees of Interest

Check only those you are willing to serve on

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



ROUNDUPS, CAMPOUTS AND CONFERENCES

LEWIS CANYON CAMPOUT

JULY 27 ~ 29

LEWIS CANYON CAMPGROUND

PINEDALE AZ

PAYSON ROUNDUP

AUGUST 24 ~ 26

SLIM JIM CAMP SITE #2

FOREST LAKES AZ



PRESCOTT SHOESTRING ROUNDUP

AUGUST 31 ~ SEPTEMBER 2

PRESCOTT RESORT AND CONFERENCE
CENTER

PRESCOTT AZ



LAKE PLEASANT ROUNDUP

OCTOBER 26 ~ 28

LAKE PLEASANT AZ

APACHE LAKE CAMPOUT

NOVEMBER 2 ~ 4

APACHE LAKE MARINA AND RESORT, AZ

LAKE HAVASU ROUNDUP

NOVEMBER 2 ~ 4

1477 QUEENS BAY

LAKE HAVASU CITY, AZ



EVI Summer Bowl -A-Thon

Saturday, August 4th

3:00pm to 5:00pm

AMF Mesa Lanes

2115 E. Southern Ave., Mesa, Arizona 85204

\$20 for 2 hours of bowling

Shoes included

Raffle and Prizes

Tickets available from your Intergroup Rep or

At your Central Office

29th Annual SRI Summer Roundup

August 10th to 12th

11111 N 7th St.

Phoenix, AZ 85020

Point Tapatio Cliff Resort

3rd Arizona A.A. Women's Conference

July 6th - 8th

Prescott Resort and Conference Center

1500 E State Route 69

Prescott, AZ

azaawc.org for more information

Drunks Like Us

Hosted by Sub districts 08-818, 819 & 820

7:00pm July 14th, 2018

393 W Warner Rd. Chandler AZ

(at Get It Together Group)

2018 Area 03 August Assembly

August 17 - 19

425 S Power Rd.

Mesa AZ

(AZ Golf Resort)



Name	Date	Days
Sandy T.	7/24/1978	14610
Kathy L.	7/4/1982	13149
Paul S.	7/18/1983	12784
Sandy S.	7/23/1984	12418
Pat J.	7/31/1984	12418
Kathy K.	7/26/1986	11688
Tim H.	7/12/1987	11323
Gail J.	7/5/1989	10592
Chris P.	7/20/1989	10592
Sandy S.	7/25/1989	10592
Shelley M.	7/15/1990	10227
Bill R.	7/28/1992	9496
Beth F.	7/9/1993	9131
Pam W.	7/31/1993	9131
Mary S.	7/4/1995	8401
Craig M.	7/21/1996	8035
Steve C.	7/14/1998	7305
Kelli W.	7/21/2000	6574
Mercer C.	7/2/2001	6209
Eileen K.	7/11/2001	6209
Becky S.	7/25/2002	5844
Jerry S.	7/8/2004	5113
Steve W.	7/13/2005	4748
Anita B.	7/5/2006	4383
Mary L.	7/14/2006	4383
Kara P.	7/25/2006	4383
Susan S.	7/8/2007	4018
Anne H.	7/28/2007	4018
Kelly D.	7/31/2008	3652
Arne R.	7/14/2008	3652
Matt V.	7/30/2008	3652
Jim H.	7/10/2009	3287
Steve S.	7/21/2009	3287
Sam N.	7/11/2010	2922
Michael W.	7/15/2010	2922
John R.	7/23/2010	2922
Lindsay R.	7/24/2010	2922
Justin H.	7/1/2011	2557
Kerry R.	7/17/2011	2557
David K.	7/27/2011	2557
Zach	7/30/2011	2530
Cindi D.	7/2/2013	1826
Vincent B.	7/31/2014	1461
Robbie T.	7/2/2013	1096
Pam R.	7/24/2015	1096
Bertha E.	7/15/2016	730
Erland H.	7/18/2016	730
Jade S.	7/21/2016	730
Michael F.	7/28/2016	730

Step Seven~ Humbly asked Him to remove our shortcomings.

Tradition Seven~ Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept Seven~ The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.



Margie, we'll call her, was a hard-drinking young woman who loved the men. And the men loved her. One night, after partying for hours in a Pittsburgh suburb, Margie and a couple of the guys decided to go skinny-dipping in the Allegheny River. They were caught, arrested, and spent the night in jail.

Years later, Margie told her story at an AA meeting in one of Pittsburgh's affluent suburbs. When the meeting was over, a sweet young thing approached Margie, shook her hand, and exclaimed: "I loved your story, Margie. But what is skinny-dipping?"

"I don't know what it is where you come from, honey," Margie replied, "but in my neighborhood it's thirty dollars or thirty days."

-- Ken P. Pittsburgh, Pennsylvania



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It Is So Hot -

I went outside for a smoke and the cigarette lit itself.

The change in my purse melted into a medallion.

My Reese's peanut butter cups turned into peanut butter shooters... I drank them anyway.

You can make instant sun tea.

Hot water now comes out of both taps.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905

EVI Phone Hotline Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

Workshops can be done at your Group !

For more information

Call Beth H

**EVI Sponsorship Workshop**

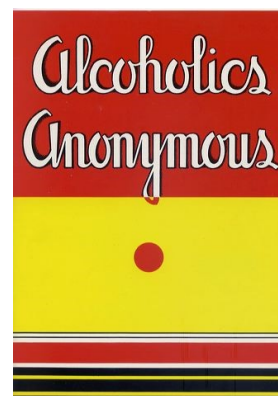
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: Gail H.

HOST GROUP SCHEDULE

July 7 ~ Page A Day

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

EVI Monthly Speaker Meeting*1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 North Dobson Road, Chandler

July 6th ~ Sunset Group

August 3rd ~ Putting God First

These are subject to change - so keep watching.

Front Desk Office Volunteers

4 hour shifts in the EVI office



Call Roxanne for specific times and days.

***** Fill In shifts available now*****

Central Office Manager's Report

June 15, 2018

I want to start this report with a big "Thank You" for your vote of confidence at last month's intergroup meeting. It truly is an honor and a privilege to work for Alcoholics Anonymous and it is good to know that my efforts are noticed and appreciated.

May activity at the office was up slightly from the previous month. We received 481 requests for information and assistance last month. Of those 128 calls were for meeting info, 140 were office visitors and 9 were 12 step calls. Our website stayed busy too. It had 44,918 visits in the last 30 days. And Google reports 8,928 views on our profile, 20 called and 51 asked for directions.

The liability and WC insurance will renew at the end of June. The annual premium has gone up slightly to \$1699.00. Our agent has sent updated certificates of insurance to additionally insured location leaseholders. Many of the Groups in the East Valley participate in this coverage and we greatly appreciate those who contribute to help offset this cost.

If you're Service Committee or Group is planning an event, please remember to send a flier to the office. They will be made available in the office and on the website as well as being listed in the No Booze News. We want to help make your events and service endeavors a success and to share information with our local fellowship. Our high capacity copiers are also available for your use. We just ask that you cover the cost of supplies if making several copies.

All front desk shifts at the office are filled, YEAH! But remember, we still need temps and fill in's when the regulars need a day off. Service opportunities are also available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage them to volunteer. The life you save may be your own.

In the spirit of Tradition Eight,
Love and Service

Kim W.
Central Office Manager

EVI CENTRAL OFFICE ACTIVITY

.....	May	2018
Meeting Information Calls.....	128	790
General Information	92	583
Referred to Salt River Intergroup	4	51
Referred to Al-Anon.....	12	78
Referred to Community Info.....	0	6
12th Step Calls	9	54
Business Calls	96	587
Office Visitors	140	844
Meeting lists printed.....	800	4400
Info request via E-mail	43	301
Desk Volunteers-Reg/Sub/None.....	36/ 6/ 1		
Desk Volunteers-Reg HRS YTD.	952 hrs		

Web Stats

Website Visits last 30 days 44,321 YTD 221,134
Google Searches last 30 days 9,739

Meeting List Updates...

New Meetings:

Why Not Wednesday	45295 W Honeycut Ave. Maricopa	WE 6:00p O
East Valley Vets	165 N Centennial Dr. Mesa	SA 9:00a O
Bloopers	5000 S Price Rd. Tempe	New Spanish Mtg TU 7:00p O
We Agnostics	161 N Mesa Dr. (1st Presbyterian Church)	FR 6:00p O
San Tan Men's	35244 N Trica Rd. (One Community Church)	WE 5:30p M,C

Changes:

Good Ole Back To Basics 1050 W Superstition AJ, MO now at 7:00p
Out of the Dark 19609 S McQueen Rd. Chandler 7:00p is now O
Arbor Group **Has Moved To:** 612 S Ellsworth Rd. Mesa M-F 11:30a, S & S 12p
Grateful Dames 215 E University Dr. Tempe TH **Now Meeting At:** 6:00pm

Deletions:

East Valley Intergroup
1320 E. Broadway Rd. # 105
Mesa, AZ 85204

District 08-819
PO Box 594
Mesa, AZ 85211

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

District 08-820
PO Box 20404
Mesa, AZ 85277

*** NEW ***
Area 03 Treasurer
PO Box 18765
Tucson, AZ 85371

*** NEW ***

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

District 08-818
PO Box 12044
Tempe, AZ 85284

Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area
30% to GSO 50% to Intergroup



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GROUP CONTRIBUTIONS



Page 8

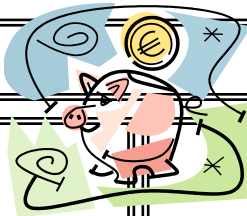
GROUP	May	YTD
11th Step Candlelight	\$100.00	\$100.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
A Vision For You Group		\$413.24
ABC Group	\$75.00	\$75.00
AHA! It's Monday		\$100.00
Ahwatukee Daybreak Serenity		\$0.00
Ahwatukee Group		\$211.28
Ahwatukee Nooners		\$600.00
Ahwatukee Saturday Men's	243.88	\$776.81
Ahwatukee Women's Group		\$132.13
Arbor Daily Noon Group	\$300.00	\$950.00
As You Wake Up		\$0.00
Attitude Adjustment Ahwatukee		\$187.75
Attitude Adjustment CG		\$50.00
Attitude of Gratitude		\$0.00
Basic II		\$0.00
Bloopers	\$30.00	\$180.00
Bootstrap Men's		\$500.00
Breakfast Club		\$200.00
Busted Ego	\$160.00	\$320.00
By The Book		\$165.06
Chandler Men's Stag Group		\$320.00
Chandler Noon Group	\$104.80	\$467.60
Chandler Women's Big Book Group		\$0.00
Cold Coffee Group		\$0.00
Common Solution	\$70.00	\$70.00
Copper Basin Group		\$0.00
Courage To Change	\$300.00	\$300.00
Daily Reflections Group		\$0.00
Day At A Timers		\$0.00
East Valley Men's Stag		\$390.00
Easy Does It Group	\$88.87	\$444.35
Eye Opener Group		\$200.00
Family Recovery Group		\$0.00
Feelings & Solutions		\$75.00
Firehouse Meeting		\$100.00
Florence Group		\$0.00
Friday Night Big Book Study		\$0.00
Friends Of Bill W.		\$0.00
Get It Together		\$1514.35
Gilbert Gals		\$0.00
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$400.00
Grateful Dames		\$0.00
Grateful Girlfriends		\$70.00
Gratitude Group		\$324.00
Great Start		\$400.00
Cut Level		\$96.00
Happy Hour @ Sunbird	\$169.00	\$420.69
Heard It Thru The Grapevine		\$0.00
Into Action		\$150.00
Inwardly Reorganized		\$0.00
Keepin It Real Ladies		\$178.00
Life In The Big Book	\$109.20	\$438.00
Maricopa 12 X 12	\$20.00	\$80.00
Maricopa Group		\$25.00
Mid-Morning Group		\$0.00
Monday Night Madness	\$50.00	\$85.00
Morning After Group		\$150.00
Name In The Hat		\$306.83
New Beginnings	\$100.00	\$400.00
New Hope Group		\$60.00
New Spirit Group		\$300.00
No Name AA Group		\$0.00
Not A Glum Lot		\$100.00
Page A Day		\$900.60
Pioneer Group		\$173.00

GROUP	May	YTD
Price Is Right		\$60.00
Primary Purpose BB Study	\$100.00	\$100.00
Primary Purpose Group		\$0.00
Prime Time		\$0.00
Progress Rather Than Perfection		\$0.00
Putting God First		\$950.00
Queen Creek Saturday Speaker		\$0.00
Re-Awakening Group	\$15.00	\$15.00
Remember When		\$0.00
Renewed Spirit	\$300.00	\$300.00
Right Place Women's		\$0.00
Rising Spirit		\$488.61
Road To Recovery		\$942.54
Rock Solid		\$75.00
San Tan Men's		\$14.00
Second Chance Group		\$360.00
Seniors In Sobriety-Tempe		\$0.00
Serenity At Six		\$0.00
Shade Tree		\$0.00
Sisterhood Of Solutions		\$125.00
Sobriety is Gold		\$100.00
Sobriety Rocks		\$0.00
Society Group		\$0.00
Solutions Group		\$0.00
Some Are Sicker Than Others		\$0.00
Southeast Valley Stag		\$250.00
Spirited Women		\$112.50
Step By Step Group		\$0.00
Stepping Stones		\$60.00
Sunday Morning Women		\$0.00
Sunday Night BB Step Study		\$244.12
Sun Lakes Women		\$92.00
Sunland Serenity Seekers		\$183.00
Sunset Group	\$15.00	\$325.00
Tempe Group		\$100.00
Tempe Nooners		\$100.00
Tempe Sunrises		\$0.00
Tempe Young People		\$0.00
The Library		\$113.00
The Real Thing		\$0.00
The Way Out Group	\$100.00	\$700.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$140.00
Tuesday's Trudgers		\$0.00
Tumbleweeds Group	\$120.00	\$120.00
Upon Awakening	\$700.00	\$1,400.00
We Ain't Dead Yet		\$0.00
We Agnostics		\$200.00
We Can Group		\$66.00
Wednesday Night Step		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's		\$80.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$50.00
Women In Gratitude		\$105.00
Women In Solution		\$207.63
Women In Touch		\$123.00
*Anonymous Groups		\$430.50

OTHER GROUPS/COMMITTEES

Apache Lake Campout		\$102.02
VALYPAA		\$62.00
AZ AA Womens Conference		\$500.00
Dist 08-818		\$61.84
Mesa Round Up		\$0.00
Group Totals	\$3,212.75	\$23,007.65
EVI Committees	\$70.00	\$466.90
Individual Contributions	\$356.00	\$1,043.00
GRAND TOTALS	\$3,638.75	\$24,517.55

(*Group contribution with no group name listed)



BALANCE SHEET May 31, 2018

Assets

Current Assets	
Checking	4,174.39
Prudent Reserve (Savings)	25,846.29
Accounts Receivable	1,031.70
Inventory Asset	20,607.02
Undeposited Funds	0.00
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$53,993.18

Liabilities & Equity

Liabilities	
Accounts Payable	0.00
Visa Credit Card	9.99
Payroll taxes	173.84
Total Liabilities	\$183.83

Equity	
Opening Balance Equity	43,778.94
Retained Earnings	5,703.22
Net Income	4,327.19

Total Equity	\$53,809.35
Total Liability & Equity	\$53,993.18

PROFIT & LOSS STATEMENT May 2018

22 Group contributions totaling	\$3,212.75
3 Individual contributions totaling	\$356.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$70.00
Total Contributions	\$3,638.75
Total Income	\$8,304.02
Less total Cost Of Sales	\$3,744.13
Gross Profit	\$4,559.89
Less total Expenses of	\$5,563.07
Net May Loss	\$(1,003.18)
YTD 2018 Gain	\$4,327.19

The current Prudent Reserve balance is \$25,846.29
The Prudent Reserve has been
established for 2018 in the amount of \$25,895.52

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Lois L. EVI Treasurer

Traditions Checklist



Tradition Seven: Every AA group ought to be fully self-supporting, declining outside contributions.

1. *Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?*
2. *Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?*
3. *If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?*
4. *Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?*
5. *Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?*
6. *How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?*

East Valley Intergroup Business Meeting Minutes

June 15, 2018

Meeting Opened by Ed at 7:03 PM with Moment of Silence followed by Serenity Prayer

12 Traditions ready by – Steve

INTRODUCTIONS: *Your attendance and participation are appreciated, and visitors are always welcome!***Intergroup Representatives:****New Reps:** Jan L. Saturday Afternoon Step Study, Josh WADY, Katie Alt DCM 08-819, Susie Who's Driving your Bus?

Michael G. Ahwatukee Saturday Men's, Larry R. Basic II, Vic V. Bloopers, Teresa M BBSS, Jim L. Breakfast Club, Segrid Chandler Women's BB, Wendy W. Gilbert Group, Anne H. GIT, Laura K. New Spirit Group, Gail H. PAD, Sherry B. PAD, Patrick T. Price is Right, Matt J. Primary Purpose, Robin H. Putting God First, Barb M. QC Nooners, Angie S. Rising Spirit, Andrea M. Serenity Sisters, Jeri H. Sobriety Rocks, Inez Y. Society, Katelyn B. Step by Step, Dave T. SNBBSS, Dave K. Sunset Group, Ken C. Sunset Group (Alt), Cat M. The Real Thing, Lonnie Medlock Upon Awakening, Paul W. WADY, Jerry L. We Agnostics, Gary L. Welcome Home

Committee and other Trusted Servants: (N/P = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Ed	Office Manager	Kim W.	H&I Liaison	Amy S.
V.Chair	Chuck E.	Chair- Special E.	Deana	Spanish Liaison	N/P
Treasurer	Lois L.	Chair- PI/CPC	N/P	Alanon Liaison	Rosemary B.
Secretary	Andrea M.	Chair- Phones	Vickie	DCM 08-818	N/P
Advisor- Special E.	Steve W.	Chair- Unity	Tom N.	DCM 08-819	Katie (Alt)
Advisor- PI/CPC	N/P	Chair- Sponsorship	Gail H.	DCM 08-820	N/P
Advisor- Phones	Dave K.	No Booze News	N/P		
Advisor- Unity	N/P	Literature	Eric		

Secretary's Report: Andrea- Report in Packet, explained to new reps how to sign in, Motion to Accept – Gary, 2nd- Jim, Approved**Treasurer's Report:** Lois- Report in Packet, Motion to Accept- Vic, 2nd- Dave, Approved**Chairperson's Report:** Ed- Will talk during old and new business**Vice Chair's Report:** Chuck E- Report in Packet, report has some typos: Drunks Like Us event is July 14th!!**Office Manager:** Kim- Included in packet.**STANDING COMMITTEE REPORTS****PICPC:** N/P- Report in Packet**Special Events:** Deana- Reviewed Flyer on back table. Monthly speaker meeting is Friday, July 6th hosted by Sunset Group, 7PM social time, 7:30PM meeting. Bowlathon tickets are available. If your group does not have them, please buy tickets at the office. Bowlathon is August 4th, \$20/ticket**Phone Committee:** Vickie- no report, if anyone wants phone training at your meeting, then please contact!**Unity Committee:** Tom- Unity meets at Antioch Church at 6:15PM (just before this business meeting), explained purpose of Unity as the outreach to groups that might not participate in EVI business meeting, Working on updating list of active meetings. Attended about 6 meetings this past month, One new Group Rep is present tonight as result of Unity reaching out!! Way to go!!**Sponsorship Workshop:** Gail- Grab a flyer and take back to your group. Attendance is growing at these events. They are lots of fun. Please take information back to your group.**Newsletter Editor:** N/P**Literature:** Eric- Had Literature table set up at Founder's Day event. Great time and very happy he was there! Sold literature (gave exact numbers but Secretary failed to write down and now has forgot, stay tuned to next month's financial report.)**LIASION REPORTS****Alanon Liaison:** Rosemary- Family Recovery Night – Bingo and Pizza at 5:30 PM on June 22nd at St Peter Lutheran in Mesa, lots of events!!**H&I Liaison:** Amy- H&I had technical difficulties when switching over to new network, if you are waiting for an email, just wait. They are getting to them. Service Liaison is needed for H&I, Awareness Day Chair is open, Treatment Center Chair is open (must have 5 years of

Spanish Liaison: N/P

Sub District 08-818: N/P

Sub District 08-819: Katie (Alt): Sub -district meeting is open to all, please feel free to come!

Sub District 08-820: N/P

OLD BUSINESS:

Motion to have treasurer's make available printed copies of office managers total salary package including wages, medical coverage, vacation, and extra days off.

Ed- Open floor

There was some discussion and questions from the floor.

Call to Vote: 1 in favor Majority not in favor (did not count because only one person was in favor)

NEW BUSINESS:

New motion: To change the EVI Bylaws effective January 1, 2019

Replace the current descriptions:

4.2.1.2 Elections shall be held yearly. Offices up for election each year will vary depending on the following:

Even numbered years: Chairperson, Treasurer, Two (of the four) Advisors to the Steering Committee.

Odd numbered years: Vice Chairperson, Secretary, Two (of the four) Advisors to the Steering Committee.

4.2.2.1 The Intergroup Committee Officers and Advisors shall serve for two (2) years, taking office on January 1, or until their successors are duly elected. No Officer or Advisor shall be eligible for election to more than one consecutive term in the same office.

with the following descriptions:

4.2.1.2 Elections shall be held every two years on the odd year.

4.2.2.1 The Intergroup Committee Officers and Advisors shall serve for a two (2) year term, taking office on January 1, or until their successors are duly elected. No Officer or Advisor shall be eligible for election to two complete consecutive terms in the same office.

Ken: So, when we vote in Nov 2018 everyone will be replaced? Ed- No, we will vote for open positions (Chair, Treasurer, Special Events Advisor).

Ken- So, election in Nov 2019 every position is open? Ed- Correct! The 2019 one-year term for Chair, Treasurer, and Special Events Advisor is unavoidable if we make this change. When we have elections in Nov., then we will make sure the people standing understand the timeframe if this motion passes.

Steve- This is a change to ByLaws stating that we vote for everyone on the odd year.

Matt J.- Realize that this has been discussed in prior meetings but have not been here. What is the rationale for changing? What is the benefit?

Ed- Rationale is to assure all qualified people have a chance to run for positions.

Chuck- Outgoing chair serves as advisor and office manager present if anyone has questions about continuity.

Ed- Any other questions? Please take back to group for a discussion and we will vote next month

Steve- This will be a 2/3 vote

ANNOUNCEMENTS:

Lois- Events can also be sent to Area 03 website at www.area03.org and also to EVI email at info@aamesaaz.org

Larry R.- Reminder that upcoming August Assembly for 08-18, 19, and 20 needs help from groups. Service work available!

Ken- Don't forget to get Bowlathon tickets after this meeting!!

Group Problems & Solutions: none

Close Meeting: Motion to close- Gary, 2nd- Jan

Thank you,

Andrea M.



To them it's just a social lubricant

Many of us, in alcoholics anonymous, have lost our families, our jobs, our friends, and even our health before we were desperate enough to deal with our problem. WHY? Asks the normal person, would anybody put the bottle before their family, their health, their career and just about everything else in their lives. Well, the alcoholics who have recovered from this malady, and have been restored to a somewhat normal life, often understand how the practicing alcoholic could do such a thing in the face of everything they have to loose, mainly because they have all been through the same, or similar ordeals to one degree or another. They also know that, until this person has reached his/her bottom, it's unlikely that anything will get in the way of their drinking. The delusion (FAULTY PERCEPTION) is still there. To them the thought of living without alcohol is terrifying. Try to look at it this way:

On a scale of 1 to 10 the normal person awakens each morning at an emotional level of 8. The alcoholic, on the other hand, awakens at a level of 2. Neither knows the emotional level of the other. The normal one doesn't understand why the alcoholic is so silent/depressed/disgruntled/unhappy, etc. everything seems fine to them. What's the problem? The alcoholic, on the other hand (being at a 2) can't understand why the normal drinker is so up-beat, after all, the world is a cold and hostile place to them. There's politics, wars, the economy, sickness, responsibilities, financial problems, not much to look forward to. What's the use? They feel they are looking up from the bottom of a deep pit.

When the alcoholic is in that pit and takes a drink they go from a 2 to an 8 1/2 and halfway through their second drink they feel normal and everything is right with the world, no problem here! On the other hand, when normal drinkers take a drink, they go from an 8 to an 8 1/2, it's nice but they wouldn't give up their life for it, and the next day, they are back to an 8. This is normal, and to them, alcohol is simply a social lubricant. The emotional level of an alcoholic will always return to a 2 and they continue to get progressively worse until they lose more than they were willing to lose. That is when they begin to realize that they will probably never be able to drink successfully, and if they are ready to ask for help, they have a chance to salvage their lives.

The answers for me were in the AA program where I had a profound *change of perception*, or a (Spiritual awakening) if you like. The delusion that I could drink like a normal person was smashed. I knew that if I neglect the evidence that I've experienced before and after I came to AA, I risk doing irreparable damage to myself and others, and worse than that, I risk wasting the only life I get to live, to a chemical that is closer to gasoline or lighter fluid than to the romantic way I used to perceive it. What a tragic thing that would be when the solution was laid at my feet. All I had to do was surrender.

As the result of following this path, I am at an 8 almost every day of my life. A bad day for me is a 7. If I stop growing spiritually, I would start to go back down the scale again and as I approach a 5 or a 4, a drink might start looking good to me and it would be only a matter of time before I'd be back at the old game again. Knowing this, I am vigilante about my priorities and I stay in the safe (spiritual) zone. That is so much better than the alternative.

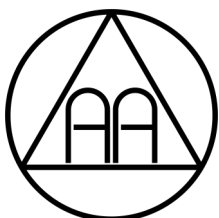
Rick R., Arizona

Get Published!

If you have a story, a poem, a joke or even some artwork, No Booze News wants to hear it.

Send your articles to Maria D. info@aamesaaz.org

THANKS!



Please send us your stories; MAIL, EMAIL OR CALL IT IN!!



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity. Maria D. info@aamesaaz.org THANKS!